

**Babe Ruth League, Inc.
Southeast Regional Baseball Tournaments
Tournament Pitching Limitations & Rest Requirements**

Every pitch to a batter counts. This includes strikes, balls, foul balls, fair balls, pitches that touch the batter, and pitches that are ruled "no pitch" by the umpire.

TOURNAMENT PITCHING LIMITATIONS & REST REQUIREMENTS				
AGE GROUP	DAILY MAXIMUM LIMITATIONS* (PITCHES PER DAY)	REQUIRED REST PERIOD		
		0 Days	1 Day	2 Days
9-10	75	1-40	41-65	66+
11-12	85	1-40	41-65	66+
13-15	95	1-45	46-75	76+
16-18	105	1-45	46-75	76+

*** No pitcher is allowed to pitch in more than two consecutive games or on more than two consecutive days, regardless of the pitch count.**

**Babe Ruth League, Inc.
 Southeast Regional Baseball Tournament
 Pitch Count Record**

Age Group (circle): 9 10 11-70 12-60 12-70 13 14 13-15 16-18

Team: _____ **Page** _____ **of** _____

Field #: _____ **Location:** _____

Date	Game #	Name of Pitcher		Pitches Delivered	Recorder Initials	Manager Initials

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**Babe Ruth League, Inc.
Southeast Regional Baseball Tournament
Pitch Count Log Form**

Age Group (circle): 9 10 11-70 12-60 12-70 13 14 13-15 16-18

Page _____ of _____

Team: _____

Field #: _____ Location: _____

Date	Game #	Name of Pitcher	Circle the last pitch delivered in each inning and X out all prior pitches																																		
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
Recorder Initials:			36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70
			71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105

			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
Recorder Initials:			36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70
			71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105

			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
Recorder Initials:			36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70
			71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105

			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
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			71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105

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			71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105

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